



CENTER FOR OUTREACH IN ALZHEIMER'S,
AGING AND COMMUNITY HEALTH
AT NORTH CAROLINA A&T STATE UNIVERSITY

Welcome to the Center for Outreach in Alzheimer's, Aging and Community Health

*This newsletter will inform you of activities at the Center. It will also provide
monthly tips regarding Alzheimer's and healthy aging.*



The Center for Outreach in Alzheimer's, Aging and Community Health (COAACH) is committed to promoting healthy aging for all communities across the lifespan through: Education and Awareness; Family and Community Empowerment; and, Research and Development. The COAACH team consists of the founding director; a program manager; clinical research, administrative, and outreach staff, and student trainees. Our trainees include students from various backgrounds: Biology, English, and Gerontology.

Education and Awareness



October 28, 2017 • 8am-3pm

Expert Speakers
Fitness Activities
Vendors & Service Providers
Health Screenings
Respite Care
Door Prizes



The Center for Outreach in Alzheimer's, Aging and Community Health (COACH), at North Carolina A&T State University is hosting the

9th Annual Caregiver Education Conference

**Bridging the Gap:
New Perspectives
in Caregiving**

Alumni Foundation Events Center
North Carolina A&T State University
200 N. Benbow Rd
Greensboro, NC 27411

FREE for pre-registered participants,
\$10 at the door. Lunch will be provided.

To pre-register for the conference visit www.coachhealth.org or call Terri Long at 336.285.2165 or 1.888.248.2808. Registration deadline is October 23, 2017.

Community Empowerment Stakeholders Breakfast



The inaugural regional stakeholders breakfast was held on Tuesday, August 29, 2017. It provided an opportunity for community entities to network, establish partnerships, and receive valuable suggestions on collaborative strategies to

enhance the health and well-being of our communities. Discussions focused on the funding, resources, and services to facilitate healthy aging. Over 30 different organizations were in attendance. A special thank you to all stakeholders who participated in this event. We have begun collaborations on these initiatives.

[View Program](#)

Research



Alzheimer's disease is the 6th leading cause of death in the United States. Currently, there is no way to prevent, cure, or slow its progression. This disease occurs twice as likely in African Americans than Caucasians.

Several research projects are ongoing at the Center to address these disparities. One of these projects investigates the genetic causes of Alzheimer's in African Americans. During summer 2017 we presented a component of this work at the Alzheimer's Association International Conference in London, England.

We are currently seeking families with two or more members affected with memory loss or Alzheimer's disease. Help us find the answers by enrolling in our genetic research study today. If you and your family are interested in joining our study, please contact us at www.ncatad.com or toll free at 888-248-2808.

Special Feature

[COACH Featured in the Washington Post](#)

The Center for Outreach in Alzheimer's, Aging and Community Health at North

Carolina A&T State University and the Founding Director, Dr. Goldie Byrd were featured in an article published in the Washington Post this month. The article, written by Marita Golden, highlights a husband being confronted with the diagnosis of his wife's Alzheimer's disease. In the article Dr. Byrd discussed the continued need for research and education of this devastating disease. Said Byrd, "This is what the future of Alzheimer's care must look like: all-inclusive, and supporting researchers and caregivers as much as those with the disease." "It was most important to me to leave something in the community," she says. "The goal of COAACH is to help people manage all aspects of the disease."

[Read the original article here](#)

Upcoming Events

Education Conference

[9th Annual Caregiver Education Conference](#); Saturday, October 28th, 2017
(8:00 a.m. - 3:00 p.m.)

[Learn More & Register](#)

COAACH Healthy Aging Lunch and Learn Series (12:00 p.m. - 1:30 p.m.)

November 2, 2017

December 7, 2017

Caregiver Support Group Meetings (6:00 p.m. - 7:15 p.m.)

October 16, 2017

November 20, 2017

December 18, 2017

COAACH Programs and Activities

Volunteer Opportunities
Lunch and Learn Workshops
Research Participation
Town Hall Meetings and Forums
Community Health Ambassadors
Community Partnerships
Fundraising
Minority Men's Health Initiative
Annual Caregiver Education Conference
Faith-Based Initiatives
Health Fairs
Alzheimer's Sunday
Book Club Project
Listening Parties
Walk to End Alzheimer's
Health Ministries
COAACH Caregivers College (C3)

Fact of the Month

Alzheimer's disease runs in families.

Donate to COACH



**NORTH CAROLINA
AGRICULTURAL AND TECHNICAL
STATE UNIVERSITY**

STAY CONNECTED:



VISIT US:

www.coachhealth.org for more information
www.ncatad.com to participate in our Alzheimer's disease family genetics study